	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Potato Kale Soup 1	Minestrone Soup 2	Cream of Cauliflower 3
W	<u> </u>	<u> </u>	<u> </u>		Hot Dog on White Bun	Chicken Salad Sandwich on Rye Bread	Mixed Berry French Toast Bake
VV					OR	OR	OR Frittata Lorraine
E		March	1 2024		Fish and Chips (Haddock Filet, Lemon)	Macaroni and Cheese Bake	(Ham, Onion, Cheese Blend)
F		IVIAICI	1 4044		French Fries, Coleslaw	Dill Pickle Spear, Potato Chips	Tatar Tots
_			_		Tiramisu Mousse	Mandarin Orange Jello	Rice Pudding
K					Southern Fried Chicken Drumsticks	Butter Chicken Dinner Roll	Roast Beef Dinner
					OR	OR	with Yorkshire Pudding and Gravy
1					5	Homemade Meatloaf with Tomato Relish	OR Tortilla Crusted Tilapia Fillet
4					Mashed Potatoes, Green Peas	Jasmine Rice, Roasted Zucchini	Mashed Potato Broccoli, Cauliflower
					Banana Pudding	Chocolate Eclair	Bananas Foster
	Cream of Tomato 4	Mulligatawny Soup (Curry Chicken) 5	Cream of Mushroom 6	Asparagus Dill 7	Egg Drop with Vegetables 8	Sweet Potato and Apple 9	Pumpkin Spiced 10
147	Grilled Cheese and Ham Sandwich	Fresh Fruit Plate with Domestic Cheese,	Rueben Sandwich on Rye Bread	Pulled Chicken on Kaiser with Onions		Beef Dip Au Jus with Caramelized Onions,	Belgian Waffles
W	OR	Cranberry Scone	OR	OR	vegetarian Spring Rolls OR	Swiss Cheese, and Sweet Pickles	with Berry Compote, Fruit Cocktail
E	_	•	_	_	.	-	-
_	Broccoli and Cheese Quiche	OR Beef Chili with Sour Cream	Macaroni and Cheese with Tomatoes	Egg Salad on Croissant	Lemon Glazed Breaded Chicken Bites	OR Tuna Melt on English Muffin	OR Chicken Nuggets
	Side Salad	and Green Onion, Cheese Scone	Side Ceasar Salad	Broccoli Coleslaw, Dill Pickle	Asian Salad	with Tomato and Cheddar	with French Fries and Plum Sauce
K	Yogurt Parfait	Raspberry Strudel	Peanut Butter Cookie	Fresh Butter Tart	Strawberries and Rhubarb with Ice Cream		Mini Cupcake
	Beef Lasagna with Garlic Bread	Chicken Stew with Dumplings	Hand Cut Pork Chop w/ Mushroom Gravy	Homemade Cabbage Rolls	Smoked BBQ Applewood Pork Side Ribs		Traditional Turkey Dinner
	OR	OR Tuscany Penne with Sundried	OR	OR	OR Swine Sheek	OR	OR
1	Pork Roast with Dijon Sauce	Tomatoes and Ham (Rose Sauce)	Chicken Souvlaki with Tzatziki Sauce	Homemade Vegetable Lasagna with Ricotta	Swiss Steak	Individual Beef Pot Pie with Gravy	Honey Glazed Ham Steak
	Mashed Potatoes, P.E.I. Bean Medley	Mashed Potatoes, Asparagus, Gravy	Rice Pilaf, Mixed Vegetables	Garlic Bread, Baby Carrots Assorted Desserts	Mashed Sweet Potato, Warm Corn Salad	Garlic Bread, Mixed Vegetables	Stuffing, Mashed Potatoes, Gravy
	Key Lime Pie	Pineapple Upside Down Cake	German Chocolate Cake		Pumpkin Cheesecake	Tiramisu Cake	Pumpkin Pie
	Cream of Onion 11	Chicken Noodle 12	Three Sisters (Bean, Corn, Squash) 13	Minestrone 14	Potato and Leek 15	Beef Barley 16	Cream of Carrot and Ginger 17
W	Crispy Chicken Caesar Salad with Lemon	Oven Baked Macaroni and Cheese	BBQ Pork Riblet Sandwich	Egg Salad on Whole Wheat	Monte Cristo Sandwich	Waldorf Salad w/ Chicken Breast, Apples,	Perogies with Bacon and Onion
_	OR	with Vegetable Sticks	with Peppers and Onions	OR Deli Plate	OR	Walnuts, Raisins on Romaine Lettuce	OR
E	Mushroom Melt on English Muffin	OR	OR Pepperoni Pizza with Mozzarella	with Assorted Meats, Cheese, Crackers	Fish and Chips (Haddock Filet w/Lemon)	OR Spinach and Chicken Crepes	English Muffin w/ Sausage, Egg, Cheese
E	Side Salad	Pancakes and Ham	Tomato and Onion Salad	Macaroni Salad	French Fries, Coleslaw	Potato Salad	Carrot, Raisin, Pineapple Slaw
_ 	Snickerdoodle Cookie	Banana Bread with Butter	Caramel Flan	Peach Cobbler	Strawberry Mousse	Assorted Sorbet	Date Square
	Sweet and Sour Chicken Balls	Hot Turkey Sandwich with Gravy	Grilled Chicken with Tomato and	Traditional Spaghetti and Meatballs	Creamy Dill Salmon	Vegetarian Lasagna with Ricotta Cheese	Roast Beef Dinner w/ Yorkshire Pudding
	OR	OR	Mozzarella	OR	OR	OR	OR Breaded Chicken Cordon Bleu
2	Hungarian Goulash with Dinner Roll	Bacon Wrapped Beef Tenderloin	OR Irish Style Sheppard's Pie with Beef	Crusted Basa Filet w/ Salsa, Spanish Rice	Beef Tourtiere (Pepper, Onion, Puff Pastry)	Slow Roasted Corned Beef	(Ham and Swiss Filling)
_	Fried Rice, Broccoli	Italian Vegetable Medley, Baked Potato	Mashed Potatoes, Cream of Pearl Onion	Turnip	Asparagus, Mashed	Baked Yam, Cream Corn	Mashed Potatoes, Brussel Sprouts
	Assorted Desserts	Bread Pudding	Assorted Desserts	Orange Creamsicle Cake	Assorted Desserts	Sticky Toffee Pudding	Chocolate Cream Pie
	Turkey Vegetable 18	Cream of Roasted Red Pepper 19	Sausage Gumbo 20		French Canadian Split Pea & Ham 22	Roasted Root Vegetable 23	Red Lentil Soup 24
W	Sloppy Joe Sandwich	Macaroni and Cheese Bake with Bacon	Eggs Benedict w/Hollandaise Sauce	Taco Salad with Iceberg Lettuce,	BBQ Chicken Wings	Western Omelette on Whole Wheat Toast	French Toast, Sausage, Berry Compote
_	OR	OR Chicken Wrap	OR	Sour Cream and Salsa	OR Turkey Burger on Kaiser	OR	OR
E	Chef's Cobb Salad with Ham, Turkey,	with Tomato & Onion, Tzatziki Sauce	Turkey and Havarti on Croissant (L,T,P)	OR Tuna Salad Sandwich on WW	(Cranberry Aioli, Onion, Spinach, Tomato)	Baked Beans and Wieners	Pulled Pork Sandwich on Kaiser
Е	Cheese, Egg and Raspberry Muffin	Broccoli Salad		Carrot, Celery, Cucumber with Ranch Dip	[· · · · · · · · · · · · · · · · · · ·	Garlic and Cheese Scone	Dill Pickle, Potato Bites
- V	Banana Cake with Rum Buttercream	Tapioca Pudding	Assorted Sorbet	Carrot Cake	Strawberry Jello	Black Forrest Pudding	Ice Cream Sundae
^	Oven Baked Beef and Noodle Casserole	Stuffed Pork Tenderloin with Gravy	Poached Salmon Filet	Breaded Chicken Breast	Pork Cottage Roll	Chicken Paprikash	Traditional Turkey Dinner
	OR	OR	with Lemon and Tartar Sace	stuffed with Broccoli and Cheese	OR	(Pearl Onion, Peppers, Sour Cream, Paprika)	OR Ham Steak
3	Mushroom Chicken Breast (Cream Sauce)	Beef Stew with Warm Dinner Roll		OR Open Face Beef Sandwich with Gravy	- · · ·	OR Beef Stroganoff (Demi Cream Sauce)	Stuffing, Mashed Potatoes, Turnip,
	Mini New Potatoes, Baby Carrots	Coconut Jasmine Rice, Broccoli Florets	Scalloped Potatoes, Butternut Squash	Mashed Potato, Creamed Corn	Baked Potato, Mixed Vegetables	Buttered Egg Noodles, Carrots	Gravy and Cranberry Sauce
	Assorted Desserts	Raisin Pie	Apple Blossom	Mocha Cheesecake	Coconut Cream Pie	Assorted Desserts	Lemon Meringue Pie
	Italian Wedding Soup 25	Butternut Squash 26	Chicken Noodle Soup 27	Sweet and Sour Soup 28		Minestrone Soup 30	Cream of Cauliflower 31
,		•	•	Meatball Submarine Sandwich		•	
W	Cheeseburger on Bun with Garnishes	Tuna Melt on English Muffin	Peameal on a Kaiser with Cheddar		Hot Dog on White Bun	Chicken Salad Sandwich on Rye Bread	Mixed Berry French Toast Bake
F	OR	OR Crustless Quiche	Cheese, Lettuce and Tomato	with Lettuce, Tomato & Cucumber Salad		UK Macarani and Chassa Balla	OR Frittata Lorraine
	Ham Salad Sandwich on WW	(Baked Egg, Cheese Blend, Spinach, Bacon) Carrot Raisin, Pineapple Slaw	OR Bruschetta (Red Onion, Feta Cheese)	OR Vegetarian Pizza	Fish and Chips (Haddock Filet, Lemon)	Macaroni and Cheese Bake	(Ham, Onion, Cheese Blend)
E	Onion Rings	Blueberry Pie	Broccoli Salad	with Onion, Peppers, and Mushrooms	French Fries, Coleslaw	Dill Pickle Spear, Potato Chips	Tatar Tots
K	Vanilla Pudding	•	Strawberry Cheesecake Mousse	Rocky Road Brownie	Tiramisu Mousse	Mandarin Orange Jello	Rice Pudding
	Liver and Onions with Bacon Slices	Veal Parmesan	Chicken Piccata (Lemon Thyme Sauce)	Maple Bacon BBQ Ribs	Southern Fried Chicken Drumsticks	Butter Chicken Dinner Roll	EASTER DINNER!
	OR	OR	OR Stewed Pork Loin with Tomatoes,	OR	OR	OR	Spiral Ham, Stuffed Turkey Breast
4	Roasted Pork Medallion with Gravy	Bratwurst Sausage with Sauerkraut	Onion, Peppers, and Zucchini	Salisbury Steak (Mushroom, Onion, Gravy)	Homemade Stuffed Pepper w/Cheese Blend		Scalloped Potatoes
	Twice Baked Potatoes, Mixed Vegetables	Alfredo Noodles, Carrots	Roasted Sweet Potato, Asparagus	Baked Potatoes, Butternut Squash	Mashed Potatoes, Green Peas	Jasmine Rice, Roasted Zucchini	Bacon Wrapped Asparagus Bundles
	Assorted Desserts	Peach Cobbler	Assorted Desserts	White Cake	Banana Pudding	Chocolate Eclair	Strawberry Shortcake