

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
									Potato Kale Soup	1	Minestrone Soup	2	Cream of Cauliflower	3
WEEK 4			MARCH		2024				Hot Dog on White Bun OR Fish and Chips (Haddock Filet, Lemon) French Fries, Coleslaw Tiramisu Mousse		Chicken Salad Sandwich on Rye Bread OR Macaroni and Cheese Bake Dill Pickle Spear, Potato Chips Mandarin Orange Jello		Mixed Berry French Toast Bake OR Frittata Lorraine (Ham, Onion, Cheese Blend) Tatar Tots Rice Pudding	
									Southern Fried Chicken Drumsticks OR Homemade Stuffed Pepper w/Cheese Blend Mashed Potatoes, Green Peas Banana Pudding		Butter Chicken Dinner Roll OR Homemade Meatloaf with Tomato Relish Jasmine Rice, Roasted Zucchini Chocolate Eclair		Roast Beef Dinner with Yorkshire Pudding and Gravy OR Tortilla Crusted Tilapia Fillet Mashed Potato Broccoli, Cauliflower Bananas Foster	
	Cream of Tomato	4	Mulligatawny Soup (Curry Chicken)	5	Cream of Mushroom	6	Asparagus Dill	7	Egg Drop with Vegetables	8	Sweet Potato and Apple	9	Pumpkin Spiced	10
WEEK 1	Grilled Cheese and Ham Sandwich OR Broccoli and Cheese Quiche Side Salad Yogurt Parfait		Fresh Fruit Plate with Domestic Cheese, Cranberry Scone OR Beef Chili with Sour Cream and Green Onion, Cheese Scone Raspberry Strudel		Rueben Sandwich on Rye Bread OR Macaroni and Cheese with Tomatoes Side Caesar Salad Peanut Butter Cookie		Pulled Chicken on Kaiser with Onions OR Egg Salad on Croissant Broccoli Coleslaw, Dill Pickle Fresh Butter Tart		Vegetarian Spring Rolls OR Lemon Glazed Breaded Chicken Bites Asian Salad Strawberries and Rhubarb with Ice Cream		Beef Dip Au Jus with Caramelized Onions, Swiss Cheese, and Sweet Pickles OR Tuna Melt on English Muffin with Tomato and Cheddar Jello Trifle		Belgian Waffles with Berry Compote, Fruit Cocktail OR Chicken Nuggets with French Fries and Plum Sauce Mini Cupcake	
	Beef Lasagna with Garlic Bread OR Pork Roast with Dijon Sauce Mashed Potatoes, P.E.I. Bean Medley Key Lime Pie		Chicken Stew with Dumplings OR Tuscany Penne with Sundried Tomatoes and Ham (Rose Sauce) Mashed Potatoes, Asparagus, Gravy Pineapple Upside Down Cake		Hand Cut Pork Chop w/ Mushroom Gravy OR Chicken Souvlaki with Tzatziki Sauce Rice Pilaf, Mixed Vegetables German Chocolate Cake		Homemade Cabbage Rolls OR Homemade Vegetable Lasagna with Ricotta Garlic Bread, Baby Carrots Assorted Desserts		Smoked BBQ Applewood Pork Side Ribs OR Swiss Steak Mashed Sweet Potato, Warm Corn Salad Pumpkin Cheesecake		Penne Alfredo (Bacon,Onion,Mushroom) OR Individual Beef Pot Pie with Gravy Garlic Bread, Mixed Vegetables Tiramisu Cake		Traditional Turkey Dinner OR Honey Glazed Ham Steak Stuffing, Mashed Potatoes, Turnip, Gravy, Cranberry Sauce Pumpkin Pie	
	Cream of Onion	11	Chicken Noodle	12	Three Sisters (Bean,Corn,Squash)	13	Minestrone	14	Potato and Leek	15	Beef Barley	16	Cream of Carrot and Ginger	17
WEEK 2	Crispy Chicken Caesar Salad with Lemon OR Mushroom Melt on English Muffin Side Salad Snickerdoodle Cookie		Oven Baked Macaroni and Cheese with Vegetable Sticks OR Pancakes and Ham Banana Bread with Butter		BBQ Pork Riblet Sandwich with Peppers and Onions OR Pepperoni Pizza with Mozzarella Tomato and Onion Salad Caramel Flan		Egg Salad on Whole Wheat OR Deli Plate with Assorted Meats, Cheese, Crackers Macaroni Salad Peach Cobbler		Monte Cristo Sandwich OR Fish and Chips (Haddock Filet w/Lemon) French Fries, Coleslaw Strawberry Mousse		Waldorf Salad w/ Chicken Breast, Apples, Walnuts, Raisins on Romaine Lettuce OR Spinach and Chicken Crepes Potato Salad Assorted Sorbet		Perogies with Bacon and Onion OR English Muffin w/ Sausage, Egg, Cheese Carrot, Raisin, Pineapple Slaw Date Square	
	Sweet and Sour Chicken Balls OR Hungarian Goulash with Dinner Roll Fried Rice, Broccoli Assorted Desserts		Hot Turkey Sandwich with Gravy OR Bacon Wrapped Beef Tenderloin Italian Vegetable Medley, Baked Potato Bread Pudding		Grilled Chicken with Tomato and Mozzarella OR Irish Style Sheppard's Pie with Beef Mashed Potatoes, Cream of Pearl Onion Assorted Desserts		Traditional Spaghetti and Meatballs OR Crusted Basa Filet w/ Salsa, Spanish Rice Turnip Orange Creamsicle Cake		Creamy Dill Salmon OR Beef Tourtiere (Pepper,Onion,Puff Pastry) Asparagus, Mashed Potatoes Assorted Desserts		Vegetarian Lasagna with Ricotta Cheese OR Slow Roasted Corned Beef Baked Yam, Cream Corn Sticky Toffee Pudding		Roast Beef Dinner w/ Yorkshire Pudding OR Breaded Chicken Cordon Bleu (Ham and Swiss Filling) Mashed Potatoes, Brussel Sprouts Chocolate Cream Pie	
	Turkey Vegetable	18	Cream of Roasted Red Pepper	19	Sausage Gumbo	20	Cream of Broccoli	21	French Canadian Split Pea & Ham	22	Roasted Root Vegetable	23	Red Lentil	24
WEEK 3	Sloppy Joe Sandwich OR Chef's Cobb Salad with Ham, Turkey, Cheese, Egg and Raspberry Muffin Banana Cake with Rum Buttercream		Macaroni and Cheese Bake with Bacon OR Chicken Wrap with Tomato & Onion, Tzatziki Sauce Broccoli Salad Tapioca Pudding		Eggs Benedict w/Hollandaise Sauce OR Turkey and Havarti on Croissant (L,T,P) Home Fries Assorted Sorbet		Taco Salad with Iceberg Lettuce, Sour Cream and Salsa OR Tuna Salad Sandwich on WW Carrot, Celery, Cucumber with Ranch Dip Carrot Cake		BBQ Chicken Wings Or Turkey Burger on Kaiser (cranberry Aioli, Onion, Spinach, Tomato) Onion Rings Strawberry Jello		Western Omelet on WW Toast OR Baked Beans and Wieners Garlic and Cheese Scone Black Forest Pudding		French Toast, Sausage, Berry Compote OR Pulled Pork Sandwich on Kaiser Dill Pickle, Potato Bites Ice Cream Sundae	
	Oven Baked Beef and Noodle Casserole OR Mushroom Chicken Breast (Cream Sauce) Mini New Potatoes, Baby Carrots Assorted Desserts		Stuffed Pork Tenderloin with Gravy OR Beef Stew with Warm Dinner Roll Coconut Jasmine Rice, Broccoli Florets Raisin Pie		Poached Salmon Filet with Lemon and Tartar Sace OR Veal Cutlet Lemon Sauce Scalloped Potatoes, Butternut Squash Apple Blossom		Breaded Chicken Breast stuffed with Broccoli and Cheese OR Open Face Beef Sandwich with Gravy Mashed Potato, Creamed Corn Mocha Cheesecake		Pork Cottage Roll Or Turkey a la King in Yorkshire Bowl Baked Potato, Mixed Vegetables Coconut Cream Pie		Chicken Paprikash with Pearl Onion, Peppers, Sour Cream, Paprika OR Beef Stroganoff (Demi Cream Sauce) Buttered Egg Noodles, Carrot Assorted Desserts		Traditional Turkey Dinner OR Ham Steak Stuffing, Mashed Potatoes, Turnip, Gravy and Cranberry Sauce Lemon Meringue Pie	
	Italian Wedding Soup	25	Butternut Squash	26	Chicken Noodle Soup	27	Sweet and Sour Soup	28	Potato Kale Soup	29	Minestrone Soup	30	Cream of Cauliflower	31
WEEK 4	Cheeseburger on Bun with Garnishes OR Ham Salad Sandwich on WW Onion Rings Vanilla Pudding		Tuna Melt on English Muffin OR Crustless Quiche (Baked Egg, Cheese Blend, Spinach, Bacon) Carrot Raisin, Pineapple Slaw Blueberry Pie		Peameal on a Kaiser with Cheddar Cheese, Lettuce and Tomato OR Bruschetta (Red Onion, Feta Cheese) Broccoli Salad Strawberry Cheesecake Mousse		Meatball Submarine Sandwich with Lettuce, Tomato & Cucumber Salad OR Vegetarian Pizza with Onion, Peppers, and Mushrooms Rocky Road Brownie		Hot Dog on White Bun OR Fish & Chips (Haddock Filet, Lemon) French Fries, Coleslaw Tiramisu Mousse		Chicken Salad Sandwich on Rye Bread OR Macaroni and Cheese Bake Dill Pickle Spear, Potato Chips Mandarin Orange Jello		Mixed Berry French Toast Bake OR Frittata Lorraine (Ham, Onion, Cheese Blend) Tatar Tots Rice Pudding	
	Liver and Onions with Bacon Slices OR Roasted Pork Medallion with Gravy Twice Baked Potatoes, Mixed Vegetables Assorted Desserts		Veal Parmesan OR Bratwurst Sausage with Sauerkraut Alfredo Noodles, Carrots Peach Cobbler		Chicken Piccata (Lemon Thyme Sauce) OR Stewed Pork Loin with Tomatoes, Onion, Peppers, and Zucchini Roasted Sweet Potato, Asparagus Assorted Desserts		Maple Bacon BBQ Ribs OR Salisbury Steak (Mushroom, Onion, Gravy) Baked Potatoes, Butternut Squash White Cake		Southern Fried Chicken Drumsticks OR Homemade Stuffed Pepper w/Cheese Blend Mashed Potatoes, Green Peas Banana Pudding		Butter Chicken Dinner Roll OR Homemade Meatloaf with Tomato Relish Jasmine Rice, Roasted Zucchini Chocolate Eclair		Roast Beef Dinner with Yorkshire Pudding and Gravy OR Tortilla Crusted Tilapia Fillet Mashed Potato Broccoli, Cauliflower Bananas Foster	